

Allan's story

It's fantastic to have got rid of Hepatitis C. It has made me feel so much better; I am like a different person.

I sleep better and have more energy – I don't need afternoon naps anymore. I am less irritable and find it much easier to put on weight.

I was first treated for hepatitis C in 2013 with triple therapy with Telaprevir. It was evil stuff. I felt out of control and did things I would never normally do. I also had a rash which was really uncomfortable.

After that I had to wait until February 2016 before I could start a new treatment. I was offered Harvoni plus ribavirin for 12 weeks. It was a simple regime to follow. I did notice some side-effects from the ribavirin, I was a bit grumpy and tired, but otherwise it was fine. By week 4 my hepatitis C was undetectable.

I finished the tablets in April and then came back in July for tests and the virus was still undetectable. I feel indescribably better.

I have been looked after exceptionally well and now I hope to help others. I am joining a new patient support group in my area to help other people. I wish everyone could be treated rather than having to wait their turn. I would like to encourage anyone to try these new treatments.